

BASIC HOMEMADE SALAD DRESSING

BALSAMIC VINAIGRETTE

2 Tbsp balsamic vinegar
1 Tbsp olive oil
1 Tbsp honey
1/8 tsp vanilla extract*

*optional

SESAME GINGER

1 Tbsp rice vinegar
1 Tbsp sesame oil
1 Tbsp coconut aminos
1 tsp maple syrup
dash ginger + garlic powder

mix together ingredients - makes about 2 servings

BERRY BALSAMIC

1/2 cup mixed berries
2 Tbsp balsamic vinegar
1 Tbsp olive oil
1 Tbsp honey
1 Tbsp water

RASPBERRY VINAIGRETTE

1/2 cup raspberries
2 Tbsp red wine vinegar
1 Tbsp olive oil
1 Tbsp honey
1 Tbsp water

1. Smash and push berries through a fine mesh strainer
2. Combine berry juice with the rest of the ingredients...
makes about 3 servings